

DUKE®

CLUB TAEKWONDO

Summer Newsletter

2023-2024 Issue 3 | June 28



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Summer Practice

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We would like to invite all alumni to participate in our virtual summer practices! These practices will be held over Zoom and led by our new Captain for the 2024-2025 year, Vivian Zhang. Look forward to our summer zoom social with more details to come!

Hope to see you there!

Schedule

Sundays from 8:00-9:00 p.m. EST

May 19th - August 17th

Join at: <https://tinyurl.com/tkdsun24>



Follow to stay up to date!

Duke Taekwondo Facebook Group and @dukeclubtaekwondo on Instagram

2024 Graduates



Congratulations to our 8 members of the Class of 2024! Some of them shared with us what the future holds for them. Daniel will be working as a medical assistant in DC with plans to attend medical school in the fall of 2025. Meera also plans to attend medical school in 2025, and will be working for the NIH during her gap year. Emma will be working as a utility energy consultant for Burns & McDonnell in Kansas City. Katie will be working in healthcare consulting in San Francisco. Emily will be working in Miami at Restaurant Brands International in their LDP rotational program. Oscar will be pursuing a Master's in computer science at UNC Charlotte.



Julia and John are also valuable members of our graduating class this year! We're so proud of everyone and wish them the best of luck in their endeavors!



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Highlights

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Duke Taekwondo had an incredibly exciting year under our President and Captain duo, Emma Evans-Nolet and Daniel Lee! Some highlights from this year include Duke TKD's second performance at ASA's Converge festival, which contained a form section, board breaking, fight sequence, and a choreographed dance!



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Highlights

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We had fun inside and outside of our various practices and events! Thanks to our former and current VPs of Programming, Meera Patel and Andrew Felix, we were able to enjoy Spring Retreat at Falls Lake, Spring Banquet, and a Movie Night!



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Highlights

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We held our annual Black Belt Test with Master Nick! Emily Ford, Emma Evans-Nolet, and Clarence Soh earned their black belts and Vivian Zhang earned her 2nd Dan black belt.
Congrats to all!



Many more members also advanced in belt ranks, showing great progress in the two Color Belt Testings held this semester.



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Highlights



Duke TKD competed at Nationals (NCTA) in Berkeley CA, winning a total of 10 medals!

We also competed at the largest ever Princeton and Brown Tournaments. At Brown, we had one sparring team medal at both Brown and Princeton, and a Poomsae team medal at Princeton. We're so excited to share these victories with you and can't wait to see how the club improves competitively going forward!

NCTA POOMSAE

Nguyễn Nguyễn | Yellow | GOLD
Daniel J Lee | Black (Pairs) | GOLD
Vivian Zhang | Black (Pairs) | GOLD
Daniel Lee | Black (Individual) | BRONZE
Maanav Allampallam | Red | BRONZE
Emily Ford | Red | BRONZE

NCTA SPARRING

Emily Ford | Red | BRONZE
John Huang | Blue | BRONZE
Maanav Allampallam | Red | BRONZE
Emma Evans-Nolet | Red | BRONZE

Princeton Finalists

Maanav Allampallam, Emily Ford, Clarence Soh | Intermediate Poomsae Bronze
Sanjana Sankholkar, Claire Li | Beginner Sparring Bronze

Princeton Quarterfinalists

Daniel Lee, Vivian Zhang, Arla Ragun | Black Belt Quarterfinals (P)
Ananya Sridhar, Sophia Roud | Intermediate Quarterfinals (S)
Andrew Felix, Swarajh Mehta, Seung Hyun Jin | Beginner Quarterfinals (S)



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Thank you!

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Thank you for everything you have done to help support our club! Many of the things we accomplished this past year would not have been possible without your generosity!



Black Belt Testing Fund



Post-tournament KBBQ



Retreats!



Tournament Travel

If you donated to Duke Club Taekwondo this year, we would love to know and thank you personally! Please reach out to us at duketkd@gmail.com

Help support our club

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The support of alumni will help make another full year of competing and training together possible. With upcoming changes at Duke, your donations will be appreciated more than ever, and go directly to our club.

Donations will be used for our yearly tournaments (including NCTA Nationals), travel expenses, coaching fees, and color belt and black belt testing.

No donation is too small, and with your support our club can continue to excel.

To make a tax deductible donation, you can:

- Donate electronically (via credit card) at: <https://gifts.duke.edu>
Please be sure to **search for Sport Club** in the search bar and **scroll down to Sport Club Taekwondo**.

- Mail us a check made out to Duke University with **Club Taekwondo specified in the memo line**. Please mail check to Duke Recreation & Physical Education, ATTN: Sport Clubs Box 90548, 117 Wilson Center, Durham, NC 27708.

Please note that the donation system has changed and all donations are now anonymous. Reach out to us through the taekwondo gmail so we can thank you personally!



Thank you for all you have done and continue to do for this club. We hope to see all of you soon and connect over the common ground of our experiences in this wonderful Taekwondo family of ours!